

LETTERS

Institutional ethics committees and stem cell research

The Indian Council of Medical Research, Department of Biotechnology has issued draft guidelines for stem cell research (1) in 2012. A thorough discussion among ethics committee members is necessary to improve these guidelines.

As per these guidelines, it is necessary to form a separate institutional committee for stem cell research (IC-SCR) to review and approve the scientific merit of research protocols. All institutes involved in stem cell research must register with the National Apex Committee for Stem Cell Research and Therapy through the IC-SCR.

The guidelines assert the need for a separate mechanism for review of stem cell projects. However, they then state that an institutional ethics committee (IEC) with appropriate expertise may also approve stem cell projects.

Though ethics committees have experts, they are expected to review the ethics and not the scientific and technical details of a project. However, the draft guidelines empower the IEC to approve the science of a project as well. This seems contradictory to the standard operating procedures of ethics committees.

Further, the draft guidelines do not specify the minimum number of scientific experts required in an IEC to approve a project, or the experts' required qualifications. Nor do they discuss whether it is necessary to incorporate these experts as members with voting rights, or whether they need only be invited members for the work in hand.

The IC-SCR's role includes registering the institute with the National Apex Committee and sending annual progress reports to this committee. If members of the National Apex Committee make visits to an institutional facility, the IC-SCR members may play a role in facilitating this process. The members are also expected to keep abreast of advances in the field as there is unpredictability in the translation of research in this area.

If IECs may approve stem cell-related projects, will they be able to carry out this role effectively? If they are expected to do so, the standard operating procedures of IECs will have to be revised accordingly. Further, this relaxation of the rules will be used by scientists to get stem cell projects approved through an IEC, instead of setting up a new IC-SCR even when experts are available. This could adversely affect the quality of research.

Vivek V Bhosale, Scientist, Department of Clinical and Experimental Medicine, Central Drug Research Institute, BS10/1 Jankipuram Extension, Sitapur Road, Lucknow, Uttar Pradesh 226 031 INDIA. Communication no. 8435 e-mail: vivek_bhosale@yahoo.com.

Reference

1. Indian Council of Medical Research, Department of Health Research and Department of Biotechnology. *ICMR-DBT Draft Guidelines for Stem Cell Research*. 2012 Mar [cited 2013 Jun 12]. Available from: http://icmr.nic.in/stem_cell_guidelines.pdf

An insight into the medical humanities

"Medicine is a science of uncertainty and an art of probability."

—Sir William Osler

IJME has rightly focused on the medical humanities with a view to sensitising doctors towards their duties and responsibilities as well as towards an awareness of patients as human beings, to be treated with dignity. The articles related to medical humanities emphasise the need to include medical humanities as a subject in medical education to make it a holistic teaching and learning experience (1, 2).

Medical humanities is primarily concerned with enlarging the scope of education and socialisation of healthcare professionals through a study of the arts, literature, social sciences, and law, including critiques of the dominant scientific model in the basic medical sciences. The subject seeks complementarity between science and the humanities (3, 4). The intention of including humanities in the science of medicine is to enhance the human side of the physician which will guide his relationship with the patient, the nursing team, other health personnel and the kith and kin of the patient. Therefore, medical humanities must help the physician to develop intrapersonal and inter-personal relationships with his team and the patient.

Along with clinical skills, the moral sensitivity of the practicing physician needs to be sharpened and guided. This is partly done by teaching medical ethics. Medical ethics may be considered as a tool that bridges the humanities and medicine. For example, the term "reverence for life" teaches that a doctor needs to respect human life and human dignity (5).

In the present-day context, there is less of humanitarianism and more of science in the practising doctor's schedule because of the constraints of time and space. How can one sensitise a doctor to human feelings such as compassion, empathy and other emotional aspects of life? Literature can teach and refine

a person, for a doctor is also a human person (6). Today, even the media focuses on the importance of humanitarianism in medical practice. Some examples are television serials such as *Grey's Anatomy*, *House* and *ER* that can be shown to medical graduates and medical professionals.

Grey's Anatomy (2005 onwards) is a prime time television medical drama airing on American Broadcasting Company (ABC), which follows Meredith Grey, a first-year surgical intern and her fellow interns as they struggle to become doctors (7, 8). In one scene from this serial, an intern gives birth to a premature baby. Despite all neonatal care, the baby has to undergo an interventional surgery, which will however severely compromise the quality of the baby's life. The doctor asks the mother to decide what she wants—a baby with many handicaps affecting the quality of life, or allowing the baby to die without the surgery. She is unable to decide and looks to her partner, another doctor, to decide on her behalf. The partner tells her it is not his decision. She as a mother must decide what she wants for her baby—a living “dead” baby or a dead baby. The scene depicts the dilemma as to whether the doctor in the mother has to decide or the mother in the doctor needs to take a decision; the woman in question is both a doctor and a mother.

Medical professionals encounter many such situations in their day-to-day life, sometimes making them uncertain as to what they must do and looking for answers elsewhere. Answers in

certain conditions are not simple. Medical humanities sensitises the doctor to the social and moral aspects to enable more informed and better decisions.

I end with the observation that we need to introspect on the human in all of us.

DS Sheriff, Faculty of Medicine, Benghazi University, Benghazi, LIBYA e-mail: drdsheriff@gmail.com

References

1. Nayak D. Sensitising doctors: a pedagogical approach to medical humanities. *Indian J Med Ethics*. 2012;9:252–4.
2. Supe A. Medical humanities in the undergraduate medical curriculum *Indian J Med Ethics*. 2012;9:263–5.
3. Rodenhauser P, Strickland MA, Gambalaa CT. Arts-related activities across U.S. medical schools: a follow-up study. *Teach Learn Med*. 2004;16:233–9.
4. Charon R. Narrative medicine: form, function, and ethics. *Ann Intern Med*. 2001;134:83–7.
5. Sheriff DS. Medical ethics and reverence for life, *Eubios J Asian Int Bioeth*. 2003;13:224–6.
6. Sheriff DS. Literature and medical ethics. *JRSM*. 1988;12:688–90
7. Ryan M. The Watcher: Shonda Rhimes, creator of 'Grey's Anatomy' and a Chicagoan of the Year. Chicago: Chicago Tribune.com. 2005 Dec 21 [cited 2013 Jun 12]. Available from: http://featuresblogs.chicagotribune.com/entertainment_tv/2005/12/shonda_rhimes_a.htm
8. Rhodes, J. Thriving ratings for a new patient on ABC. *The New York Times*[Internet]. 2005 Apr 14[cited 2013 Jun 12]. Available from; <http://query.nytimes.com/gst/fullpage.html?res=9A04E2DA133EF937A25757C0A9639C8B63>

Be a part of *IJME*

IJME invites readers to submit research studies, comments, case studies, reports, reviews, letters, as also poems, short stories, original paintings and photographs of print quality (both in colour and B/W) to be considered for publication.

All submitted matter is subject to peer review.

Contributors are neither paid nor charged any fee for published matter.